

Summer Food Program

MENU

**June
2018**

PRICES:

Age 18 & Younger **Free**
Adult Breakfast **\$2.25**
Adult Lunch **\$3.95**

Breakfast (Blue shaded area)

Skim or 1% white milk and fruit or juice available daily.

Lunch

Milk choice and cold sandwich option available daily.

Don't Forget!

Applications for Free or Reduced priced meals need to be filled out YEARLY if you would like to receive or continue benefits. New applications for the 2018-2019 school year will be available in August.

For information on allergies or menu questions, please contact:

Renee Conklin, RD
 Summer Meals Coordinator
 Edison Administration Building
 Phone: (507) 328-4262
 reconklin@rochester.k12.mn.us

~ Average gram (g) of carbohydrate
 Menu subject to change due to product availability and weather delays/cancellations.

This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 1px solid red; padding: 5px; width: fit-content; margin: auto;"> <p>Allergy Information: This menu may contain one or more of the following ingredients: milk, eggs, peanuts, soybeans, tree nuts, and wheat.</p> </div>				1
4	5	6	7	8
11	12	13	14	15
Cheeseburger on Bun~32g Potato Wedges~19g Fruit Selection~15g Brekkie~27g	Chicken Burrito Bowl~23g Black Beans~18g Lettuce/Tomato~3g Snack Cracker~18g Fruit Selection~15g Frudel~37g	Breakfast Croissant~31g Breakfast Potatoes~15g Fruit Selection~15g Oatmeal Breakfast Bar~24g	Spaghetti and Meatballs~29g Peas and Carrots~8g Fruit Selection~15g Yogurt~15 & Snack Cracker~20g	Cheese Pizza~32g Fresh Baby Carrots~6g Fruit Selection~15g Muffin Top~42g
18	19	20	21	22
Beef Hot Dog~32g Oven Baked Beans~29g Fruit Selection~15g Brekkie~27g	Italian Dunker w/Pizza Sauce~28g Green Beans~4g Fruit Selection~15g Frudel~37g	Boneless Wings~17g Yellow Corn~15g Fruit Selection~15g Oatmeal Breakfast Bar~24g	Walking Taco~28g Lettuce/Tomato~3g Fruit Selection~15g Yogurt~15 & Snack Cracker~20g	Orange Chicken~31g Brown Rice~20g Steamed Broccoli~3g Fruit Selection~15g Muffin Top~42g
25	26	27	28	29
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